

PRESENTATION OF THE THEORETICAL-PRACTICAL INTERNSHIP

THE PSYCHOANALYSIS FACING SEXUALITY: CURRENT EXPRESSIONS

September 24-27, 2025
Giovanni XXIII Conference Center
Viale Papa Giovanni XXIII, 106
Bergamo

Human sexuality is not limited to genitality, and its ultimate purpose is the reduction of tension. It develops through libidinal stages, whose content is fixed in the unconscious through repression. This was Freud's first major discovery, leading to a redefinition of the origin of neurotic symptoms and many psychic illnesses, previously considered of organic origin.

Although Freud's discoveries attributed a pathogenic role to the repressive customs of the era, the essence of his findings concerns the polymorphic and perverse nature of childhood sexuality and the distinction between Eros and sexuality.

120 years after the first edition of *Three Essays* (1905), and despite the epochal changes in contemporary society regarding the new role of women and the increased understanding of traumatic consequences of sexual abuse, patients continue to report problems and dissatisfaction related to sexuality: impotence, frigidity, sexual orientation disorders, relationships marked by aggressiveness.

At the same time, the spread of new communication technologies has changed how encounters happen and how sexual relationships are built—not only among adolescents. There is a sharp decline in birth rates, delayed motherhood, with consequences on fertility and an increasing use of assisted reproductive techniques.

The narcissistic drift of human relationships we are witnessing makes the dynamics of “tangling/untangling” between sexuality and aggressiveness even more evident, as highlighted by micropsychoanalysis. Sexuality remains a fundamental focus of psychoanalytic and psychotherapeutic work, centered on the relationship between drive, desire, body, and object. It is our task to question the phenomenology of the psychopathological conditions we observe to identify and, if necessary, update the tools to address them.

The training proposal

The Swiss Institute of Micropsychoanalysis and the University Institute of Psychoanalysis of Moscow organize a 4-day training internship (4 mornings and 3 afternoons) totaling 28 hours, where psychoanalysts from various nationalities, affiliated with different psychoanalytic associations and qualified for training functions, will present theoretical contributions and lead practical group exercises:

- Clinical case supervision
- Simulations (virtual reproduction of clinical situations under the supervision and facilitation of trainers)

There will also be 3 short contributions by colleagues in training, focusing on examples from clinical practice.

The course is further enriched by an interdisciplinary contribution from Prof. Gian Carlo Di Renzo, an internationally renowned gynecologist.

Simultaneous translation Italian-Russian-Italian will be provided during theoretical lessons, and consecutive translation during practical sessions.

Educational objectives

Participants will enhance their theoretical knowledge of new expressions of sexual disorders and technical tools to address them in daily work. Above all, professionals from different fields will have the opportunity to discuss clinical cases and situations encountered in their practice with the instructors. The course is in the process of accreditation for all health professions: 18 ECM credits are expected.

Who is it for:

In-person

The course is open to:

- Psychologists, psychotherapists, psychiatrists
- Doctors, obstetricians, gynecologists, biologists, pharmacists, nurses
- Professional educators
- Social workers
- Medical residents in health disciplines
- Medical students and master's students in clinical psychology

It is also open to non-specialist audiences with a qualified interest in the topic, except for clinical case supervision sessions.

Participants attending only the theoretical lessons will receive a certificate of 18 hours of training. Those attending the entire course will receive a certificate of 30 hours of training.

Online

The course is open to all and requires only participation in theoretical lessons. Registered participants will receive a certificate of participation for 18 hours of training.

Online participation does not allow the acquisition of ECM credits.

Registration Deadline

Registrations, both in person and online, must be received by **09.12.2025**

PRELIMINARY PROGRAM

Day 1

September 24, 2025

- Participant registration (8:30-9:15)

- Chair: Bruna Marzi
- Course and first-day instructor presentation (9:15-10:00)

10:00 - 10:40

Daniel Lysek

Original elements brought by micropsychoanalysis to Freud's sexual theory of neuroses. Is there an intra-uterine determination of sexuality?

10:40 - 11:00

Questions and answers

11:00 - 11:40

Levas Lovarskis

How many genders are there in the bedroom, in society, and in the psychoanalyst's study?

11:40 - 12:00

Questions and answers

12:00 - 12:40

Gioia Marzi

What is our sex? Searching for answers in evolutionary development and interspecies comparison

12:40 - 13:00

Questions and answers

13:00 - 13:45

Discussion

Lunch break (13:45-15:00)

15:00 – 18:30 (Alabaster Room A)

Supervision of two clinical cases

Supervisors: Quirino Zangrilli and Gioia Marzi

15:00 – 18:30 (Alabaster Room B)

Simulations

Supervisors: Levas Kovarskis and Bruna Marzi

Day 2

September 25, 2025

- Chair: Gioia Marzi
- 9:00-10:00: Presentation of the day's themes and instructors

10:00 - 10:40

Anna Maria Loiacono

Development of female identity: inverted identity and the myth of matriarchy

10:40 - 11:00

Questions and answers

11:00 - 11:40

Quirino Zangrilli

The delusion of the third sex

11:40 - 12:00

Questions and answers

12:00 - 12:20

Presentation of a clinical case

12:20 - 13:00

Marcella Marccone

Sexuality during pregnancy

13:00 - 13:30

Questions and answers

Lunch break (13:30-15:00)

15:00 – 18:30 (Alabaster Room A)

Supervision of two clinical cases

Supervisors: Daniel Lysek and Anna Maria Loiacono

15:00 – 18:30 (Alabaster Room B)

Simulations

Supervisors: Levas Kovarskis and Gioia Marzi

Day 3

September 26, 2025

Chairman Quirino Zangrilli

9.00-10.00 Presentation of the day's topics and teachers

10.00-10.40

Roberto Cutajar

Theoretical-clinical reflections on masochism and homosexuality

10.40-11.00 Questions and Answers

11.00-10.20 Presentation of a clinical case

11.20-12.00

Bruna Marzi

Virtual sexuality

12.00-12.20 Questions and Answers

12.20- 12.40 Presentation of a clinical case

12.40 – 13.30 Discussion

Lunch break (13:45-15:00)

15.00 – 18.30 (Alabaster Room A)

Supervision of two clinical cases

Supervisors: Levas Kovarskis and Roberto Kutajar

15.00 – 18.30 (Alabaster Room B)

Simulations

Supervisors: Gioia Marzi and Bruna Marzi

Day 4

September 27, 2025

Chairman Bruna Marzi

9.00-10.00 presentation of the topics and teachers of the day

10.00-10.40

Gian Carlo Di Renzo

From sex for reproduction to reproduction without sex

10.40-11.00 Questions and answers

11.00-11.30

Quirino Zangrilli

“Psychoanalysis of organ transplantation: the experience of the alien” Book presentation

11.30-11.50 Questions and answers

11.50-13.30 Conclusions of the Directors of the Psychoanalytic Associations who collaborated in the realization of the Course:

- Daniel Lysek (ISM)
- Levas Kovarskis (MIP)
- Roberto Cutajar (IPA Florence)

Closing of the proceedings, filling in the ECM questionnaire and delivery of the certificates

Theachers and Chairman

Dr. Roberto Cutajar: physician, clinical psychologist, psychoanalyst with training function at the Institute of Analytical Psychotherapy of Florence (IPA), director of the School of Specialization in Psychotherapy with an interpersonal psychoanalytic orientation of Florence, tenured professor of General Psychopathology Degree Course in Developmental Psychology at SED of Massa (Salesian University). Florence - Italy.

Prof. Giancarlo Di Renzo: physician, gynecologist, professor of Obstetrics and Gynecology, Director of the Complex Structure of Obstetrics and Gynecology Clinic of the University and Hospital Trust of Perugia, director of the Permanent European School of Perinatal and Reproductive Medicine of Florence (PREIS), visiting full professor of the University of Detroit, full professor of the Sechenov University (Moscow). Perugia - Italy, winner of the International Prize "Arnaldo Bruno" 2023 for Gynecology, Accademia Nazionale dei Lincei.

Dr. Levas Kovarskis: physician, psychiatrist, active member of the Finnish Psychoanalytic Society (IPA), member of the Finnish Medical Society, honorary member ISM, honorary professor of the Moscow University of Psychoanalysis, responsible for the psychoanalytic orientation of the same University. Helsinki - Finland.

Dr. Daniel Lysek: physician, psychoanalyst, director and trainer of the Swiss Institute of Micropsychoanalysis, active member of the International Society of Micropsychoanalysis, member of the International Society of Expressive Psychopathology and Art Therapy (SIPE), lecturer and supervisor of the Moscow University of Psychoanalysis. Peseux (Ne) - Switzerland.

Dr. Anna Maria Loiacono: psychologist, psychotherapist, psychoanalyst, President IFPS, President IPA H. Sullivan, Vice President Opifer, lecturer and supervisor of the Moscow University of Psychoanalysis. Florence - Italy.

Dr. Marcella Marcone: psychologist, psychotherapist, psychoanalyst, teacher in training courses on the psychological aspects of pregnancy, puerperium and mother-child relationship in the first years of life, teacher at the University of Psychoanalysis of Moscow. Milan - Italy.

Dr. Bruna Marzi: psychologist, psychotherapist, psychoanalyst, active member of the International Society of Micropsychoanalysis, teaching member with training functions of the Swiss Institute of Micropsychoanalysis, active member of FEDEPSY, contract teacher and head of the course "The basis of micropsychoanalysis - theory and technique" at the University of Psychoanalysis of Moscow. Bergamo - Italy.

Dr. Gioia Marzi: psychiatrist, psychoanalyst, active member of the International Society of Micropsychoanalysis, trainer with training functions at the Swiss Institute of Micropsychoanalysis, former head of the Service for Eating Disorders and Gender Psychopathology, founder of the Association for Eating Disorders La Sirena Onlus, teacher and supervisor at the University of Psychoanalysis in Moscow. Frosinone - Italy.

Dr. Quirino Zangrilli: doctor, psychoanalyst, active member of the International Society of Micropsychoanalysis, trainer with training functions at the Swiss Institute of Micropsychoanalysis, director of the multimedia magazine Psicoanalisi e Scienza www.psicoanalisi.it, teacher and supervisor at the University of Psychoanalysis in Moscow. Fiuggi (Fr) - Italy.

Scientific Committee

Bruna Marzi, Levas Kovarskis, Roberto Cutajar

Scientific Coordinator

Bruna Marzi

Organizing Secretariat
info@micropsy.academy

General information

Course location
Giovanni XXIII Congress Center
Viale Papa Giovanni XXIII, 106
24121 Bergamo

How to reach the Giovanni XXIII Congress Center

BY CAR

From the Bergamo motorway exit: 5 minutes by car (follow the signs for “centro città”-“stazione”).
The nearest paid parking is located next to the Congress Center, in via Paleocapa 3

BY TRAIN

From Bergamo Train Station: 3 minutes on foot

BY PLANE

From Orio al Serio Airport: 10 minutes by car/taxi or on bus line no. 1

From Linate Airport: 40 minutes (https://www.orioshuttle.com/_eng/) or (<https://www.omio.com/>)

From Malpensa Airport: 90 minutes (https://www.orioshuttle.com/_eng/) or (<https://www.omio.com/>)

Hotels, B&Bs and accommodations

The main hotels, B&Bs and apartments near the Congress Center can be found on the following sites:

<http://www.booking.com/>
www.airbnb.com

by entering the address of the Congress Center.

The closest and cheapest structure is the Central Hostel Bergamo

<http://www.centralhostelbg.com/>

Registration fee

In person

Price: €450

Registration fee includes:

- 18 hours of theoretical lessons
- 12 hours of practical exercises
- simultaneous translation
- video recording of lessons
- certificate of participation
- 18 ECM credits
- coffee station always available

Registration by May 30, 2025

In person

Price: €360

Registration fee includes:

- 18 hours of theoretical lessons
- 12 hours of practical exercises

- simultaneous translation
- video recording of lessons
- certificate of participation
- 18 ECM credits
- coffee station always available

In person only theoretical seminars

Price: €300

Registration fee includes:

- 18 hours of theoretical lessons
- simultaneous translation
- video recording of lessons
- certificate of participation
- 18 ECM credits
- coffee station always available

Online

Price: € 120

The registration fee includes:

- 16 hours of theoretical lessons
- simultaneous translation
- video recording of the lessons
- certificate of participation