#### **TIMOSHINA ELENA**

Mail: elenatim19@list.ru Phone number: +7 (965)-279-99-01

#### **Basic education**

2013 GBUZ of Moscow Central Research Institute of

Gastroenterology DZ of Moscow

Qualification of a Doctor in Gastroenterology

2010-2012 Clinical residency in therapy at the City Clinical Hospital 50 on

the basis of the Department of the Moscow State Medical and

**Dental University** 

Qualification of a Doctor in Therapy and Clinical

Pharmacology

2004-2010 Moscow State Medical and Dental University of the Federal

Agency for Healthcare and Social Development, Moscow

**Doctor qualification awarded** 

### **Additional education**

October 30, 2021-to the present Training "Supervision in Micropsychoanalysis" at the Moscow Institute of Psychoanalysis

October 2020 – June 2022 Higher School of Economics, Faculty of

Psychology, Russian-French Magistracy in Psychoanalysis and Psychoanalytic Psychotherapy. French School of

Psychoanalysis.

## **Competencies of graduates:**

- \* Psychological counseling
- \* Psychoanalytic psychotherapy
- \* Group psychotherapy

Sept. 2019-June 2020 Moscow Institute of Psychoanalysis "Psychoanalysis and psychoanalytic psychotherapy"

2020 Training course on micropsychoanalysis at the Moscow

Institute of Psychoanalysis by Bruna Marzi

Institute of Practical Personality Psychology "Genesis of 2019

Practitioners" "Psychological trauma and loss: methodology

and tools for dealing with consequences



### 2019

Lomonosov Moscow State University "Practical personality psychology in the field of interpersonal communication and business"

**Specialization Practical Personality Psychology** 

# **Professional experience**

<u>2019 to the</u> Psychoanalytic psychotherapy face to face. Individual and group supervision. <u>present</u>

2021 to the

<u>present</u> Candidate for membership of the Swiss Institute of Micropsychoanalysis

2010-2014 Work in a clinical hospital in the Department of cardiology GKB 50. \*Treatment of inpatient

cardiac patients \*Rounds to the ICU (Intensive Care Unit and Intensive Care Unit) \*Night shifts in the Department of Cardiology, general therapy and the emergency department

## **Personal Therapy**

INDIVIDUAL PSYCHOTHERAPY: more than 500 hours in Gestalt approach

On January 28, 2021 I've started my personal MICROPSYCHOANALYSIS with Dr Bruna Marzi and am continuing at the present time